**Determining Employment Readiness**

**Participant Name:** [Type here] **Date:** 3/17/2021

## 1. Need for Change Scale

## If you are currently employed respond to the questions on the LEFT below. If you are currently unemployed, respond to the question son the RIGHT below.

|  |  |
| --- | --- |
| Respond below if you are currently EMPLOYED | Respond below if you are currently UNEMPLOYED |
| Read each of the 5 statements below. Consider which one best describes how you feel about your job and place an X in the box to the left of that statement.[ ]  I am Very Dissatisfied with my job and feel an URGENT NEED to change it.[ ]  I am Dissatisfied with my job and feel a STRONG NEED to change it.[ ]  I am Not Sure how I feel about my job and NOT SURE if I want to change it.[ ]  I am Satisfied with my job and DON’T WANT to change it now but may in the future.[ ]  I am Very Satisfied with my job and DEFINITELY DON’T WANT to change it. | Read each of the 5 statements below. Consider which one best describes how you feel about being unemployed and place an X in the box to the left of that statement.[ ]  I am Very Dissatisfied with being unemployed and feel an URGENT NEED to change.[ ]  I am Dissatisfied with being unemployed and feel a STRONG NEED to change.[ ]  I am Not Sure how I feel about being unemployed and NOT SURE if I want to change.[ ]  I am Satisfied with being unemployed and DON’T WANT to change now but may in the future.[ ]  I am Very Satisfied with being unemployed and DEFINITELY DON’T WANT to change. |

## 2. Wellness Scale

Read each of the 5 statements below. Consider which one best describes how you feel now and place an X in the box to the left of that statement.

[ ]  I understand my disability and can manage my symptoms with medication and/or help from professionals or other people in my life.

[ ]  I think my disability and symptoms are stable and I rarely have any trouble getting through the day. I don’t have any urges that I can’t control.

[ ]  Some days I have trouble with my disability or symptoms, but I usually can manage getting through the day. Sometimes I need to contact my case manager to help me. Sometimes I have urges that I cannot control very well.

[ ]  I am reluctant to do anything stressful because of my disability or symptoms. I don’t feel very steady and don’t think I can manage well on my own.

[ ]  I frequently have trouble with my disability and managing my symptoms. Almost every day I find it difficult to get going and to the things I want to do.

## 3. Commitment to Change Scale

Read each of the statements below. Consider which ones best describes how you feel now and place an X in the box to the left of that statement(s). Check all that apply

[ ]  I feel hopeful about the changes I need to make to get and keep a job.

[ ]  I’m confident that I can change, that I will follow through with things I need to do to get and keep employment, and that staff will help me get through the changes I need to make.

[ ]  I have shown others in the past that I am committed to doing what is needed for me to get and keep a job. I see that change is a necessary part of my rehabilitation and recovery to end my unemployment and homelessness.

[ ]  I feel discouraged about getting employment and feel that I cannot make the changes that may be needed to get a job or keep one.

[ ]  I have not done well in the past because I don’t always follow up with what I need to do.

[ ]  It’s not unusual for me to give up when things get difficult, like getting turned down for jobs.

## 4. Work Awareness Scale

Read each of the 5 statements below. Consider which one best describes how you feel now and place an X in the box to the left of that statement.

[ ]  I know the kind of work I want to do, what work I am good at doing, and how to sell myself to an employer to get the kind of job that I prefer. I know my skills and weaknesses and can describe them. I know how to relate to co-workers and supervisors so that I am a valued employee. I could describe these to you right now.

[ ]  I’m pretty sure of the kind of work I could do well, and which employers might have openings. I could tell what employers are looking for in a good employee and what they expect from workers in the types of jobs I want to do.

[ ]  There are a few things I would like to do for work, but I am not sure which one I’d be best at doing. I don’t know if there are actually jobs out there in the kind of work I might be able to do. I would need help figuring out the kind of work to do, whether there are jobs out there, and what employers I might go to for a job. I would also need help in interviewing for a job.

[ ]  I know I want to work, but I am not sure of what I would be good at doing. It’s been a while since I’ve worked and I am not sure of my skills or what I would need to be successful. I would have a great deal of trouble selling my abilities to an employer during an interview or in doing a job application.

[ ]  I don’t know what kind of work is out there for me and I don’t know what type of jobs I could get. I don’t have a good idea of what employers expect of workers and I don’t know things like how much help I would get at work or how much money jobs are paying these days for work that I could do.

## 5. Self-Awareness Scale

Read each of the statements below. Consider which ones best describes how you feel now and place an X in the box to the left of that statement(s). Check all that apply:

[ ]  I am aware of what I like and don’t like about work, my interests, and abilities.

[ ]  I could tell an employer why I would be an asset to their company.

[ ]  The job I want to do fits my values and aptitudes.

[ ]  I know what I need to get from a job, not just a paycheck but what things would make me feel good and what things would make me feel bad.

[ ]  I can describe the support I need to succeed at work and who could provide me that support.

## Additional Information

I would like to have a job within the next…

[ ]  Month

[ ]  2 to 3 Months

[ ]  4 to 6 Months

[ ]  I do not think I will be able to work in the next 6 months

My top three job choices or areas of interest are:

1.

2.

3.

Describe what you have done to get a job during the last month:

Did anyone help you in your job search? If yes, please describe: