

# Getting Started with SQUARES (Standard Users)

## STEP 1:



### TRAINING

Complete  
[Online SQUARES Training](#)  
prior to requesting access  
to SQUARES

## STEP 2:



### RESOURCES

Download  
[Instructions on How to  
Open a New Account](#)

**Part 1:** Request New Account  
**Part 2:** Access Existing Account

## STEP 3:



### ACCESS

Type SQUARES Website in  
the Chrome Browser  
[my.va.gov/squares](https://my.va.gov/squares)

- **Please do not use Internet Explorer**
- **Please do not bookmark the site**



### TIPS

#### When accessing SQUARES:

- Type the **SQUARES Website:** [my.va.gov/SQUARES](https://my.va.gov/SQUARES) into the **Chrome Browser** to initially request account and to access account with each new visit
- **The access instructions have two parts:**  
(Part 1: Request New Account)  
(Part 2: Access Existing Account)
- **Please do not use Internet Explorer**
- **Please do not bookmark the site**
- Please login to your account every 30 days **to avoid deactivations**. If your access is deactivated (after 90 days of inactivity), contact [SQUARESAdmin@va.gov](mailto:SQUARESAdmin@va.gov)
- **Please do not submit a new request**

#### When completing your application:

- Use your **business email and phone** (if your business email and phone changes in the future, please contact [SQUARESAdmin@va.gov](mailto:SQUARESAdmin@va.gov))
- Select the **Organization/City/State** that aligns to your organization so your access request can be automatically routed to your SQUARES Manager. **In Step 11 of the application, select Application Role (Standard User).**

**Note:** Each organization will designate a **SQUARES Manager**, who will be responsible for reviewing/approving access requests for their organization. Contact [SQUARESAdmin@va.gov](mailto:SQUARESAdmin@va.gov) if your organization doesn't appear in the drop-down menu, when you apply for access and/or if you receive a "No SQUARES Manager Assigned" email.

Complete [SQUARESAdmin@va.gov](mailto:SQUARESAdmin@va.gov) (if you need assistance)

For additional information, visit [SQUARES Resources](#)

