

COMMUNITY OF PRACTICE

December 3, 2020



Meet Your Facilitators



Nicole LaCorte-Klein, MA, CRC

Training Consultant at Atlas Research, Nicole brings years of experience providing job placement, vocational case management and direct service to individuals who are homeless. Nicole has provided technical assistance to HVRP, SSVF and other Veterans Administration staff for years, offering her experience as both direct service provider and trainer.



Cori Di Biase

NVTAC Project Director at the Manhattan Strategy Group, Cori has provided services and consultation to support veterans and civilians in employment for more than twenty years. Cori prides himself on serving the staff and leaders who have dedicated themselves to serving our country.



Cindy Borden

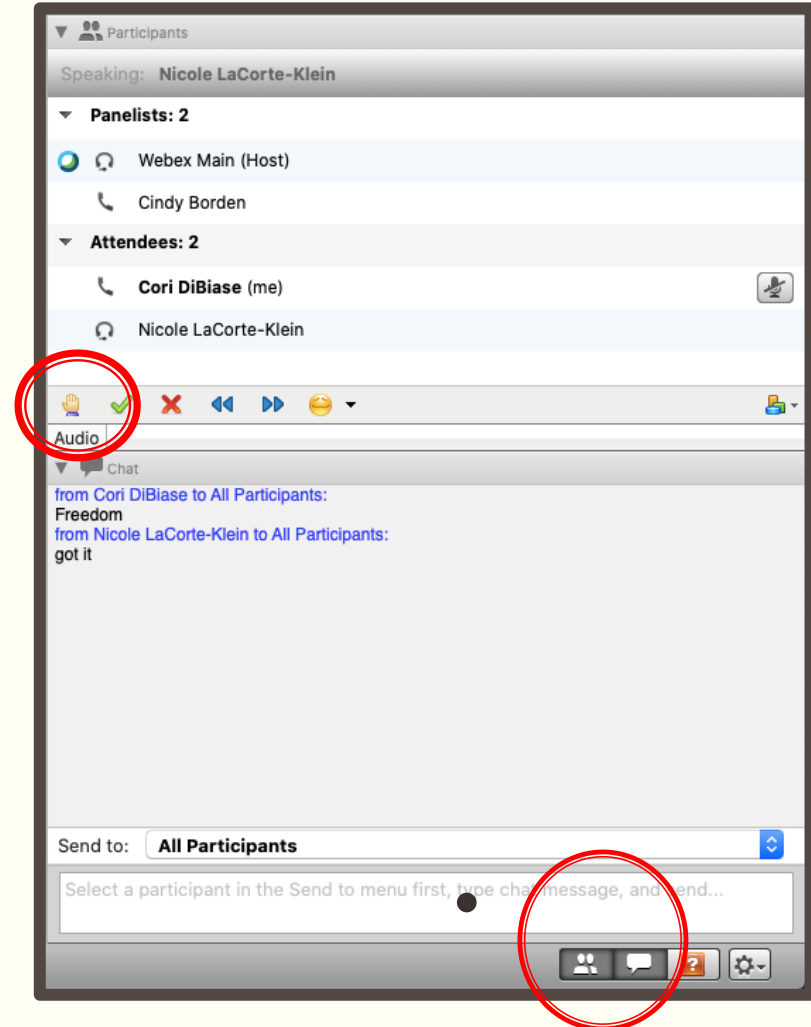
As the Director of Technical Assistance and Training for the National Coalition for Homeless Veterans (NCHV), Cindy conducts training, develops resources, and provides intensive coaching in program design and implementation to veteran service organizations. Cindy brings more than 20 years of experience in both direct service and technical assistance to help organizations increase capacity and improve services.



We want to hear from you! Mac Version

If you have a question, and want to speak, **raise your hand** to get your mic unmuted.

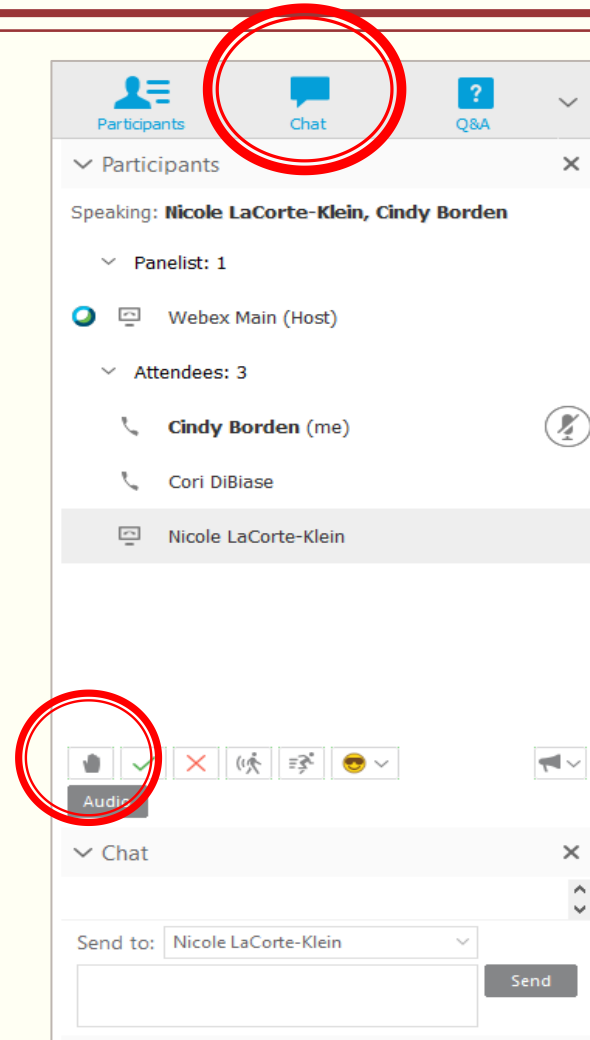
If you don't want to speak, **use the chat box** to share thoughts, question and observations with **all attendees!**



We want to hear from you! – PC Version

If you have a question, and want to speak, **raise your hand** to get your mic unmuted.

If you don't want to speak, **use the chat box** to share thoughts, question and observations with **all attendees!**



Conversation Framework

- Looking Back: Q1 and Q2
- Managing Expectations



- Looking Ahead: Q3 and beyond
- Coping with uncertainty

Looking Back...

- What aspect of your HVRP work are you most proud of?
 - Have you done something new or different?
 - Have you provided new services?
- What do you wish you'd done differently?
- What is the most frustrating part of your work?
- What is the most rewarding part of your work?
- What have you learned?



Managing Expectations...

- Advice for new grants/grantees
 - Don't expect results overnight
 - What strategies are you using to lay the foundation and build relationships?
- All grantees
 - What new relationships have you built?
 - What short-term needs can you meet with Veterans who may not want to connect with HVRP/employment services



Looking Ahead...

- What are you most excited about?
- What are you most concerned about?
- What do you need from NVTAC?



Coping with Uncertainty

1. Focus on what you can control and take action
2. Challenge you need for certainty
3. Learn to accept uncertainty
4. Focus on the present
5. Manage stress and anxiety



Natural to want security and sense of control



Stress, anxiety, and sense of powerlessness are common



Avoid the “what ifs”



Connect with veteran experience

<https://www.helpguide.org/articles/anxiety/dealing-with-uncertainty.htm>

Resources

- <https://www.helpguide.org/articles/anxiety/dealing-with-uncertainty.htm>
- <https://www.npr.org/2020/05/01/849181366/advice-for-dealing-with-uncertainty-from-people-whove-been-there>
- https://www.washingtonpost.com/health/covid-anxiety-how-to-cope-uncertainty/2020/09/11/fae65832-d1b2-11ea-8d32-1ebf4e9d8e0d_story.html
- <https://www.apa.org/topics/stress-uncertainty>



E-mail questions to:

contact@nvtac.org

Continue the conversation at:

nvtac.org/nvtac-knowledge-network/

